



Bone Support Extra Strength

Micronutrient Support for Healthy
Bone Function & Integrity*

Bone Support Extra Strength Supplementation

Bone Support Extra Strength is a natural dietary supplement formulated with microcrystalline hydroxyapatite concentrate (MCHC) and dicalcium phosphate, providing bioavailable calcium and phosphorus for supporting bone function, bone integrity, teeth, and other physiological processes.*¹

Clinical research cited herein suggests the benefits of Bone Support Extra Strength supplementation may include:

- Supports bone health*
- Supports healthy teeth*
- Supports healthy calcium levels*

How Bone Support Extra Strength Works

Bone Support Extra Strength is formulated with the optimal form of calcium for the body, from MCHC and dicalcium phosphate.* Bones contain more calcium than any other organ in the human body (about 99% of the calcium in the body is stored in bones). The intercellular matrix of bone contains large amounts of calcium salts, the most important of which is calcium phosphate.

When blood calcium levels drop below normal, calcium is released from bone matrix so that there will be an adequate supply for metabolic needs (such as muscle and nerve function). Over time, this can lead to weakened bones and possibly osteoporosis.

Calcium also helps your body absorb magnesium, which is imperative for maintaining healthy magnesium balance.*

A recent scientific report based on food supply and food composition estimates that as much as 70% of the U.S. population is at risk of calcium deficiency.¹ Calcium deficiency, especially in older individuals, can significantly increase the risk of osteoporosis and bone fractures. Naturally, getting enough calcium every day is increasingly important as we age.



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Why Use Bone Support Extra Strength?

The MCHC in Bone Support Extra Strength has been studied rather extensively over the past three decades, with findings showing it can help support healthy calcium status and bone tissue health.*²

MCHC not only contains the optimal calcium for bones, but also bone growth factors and peptides, such as collagen. In turn, it's suggested that MCHC helps support osteoblasts (cells that promote bone growth) and osteocytes (bone cells).*³

Supplement Facts

Form: 180 Tablets

Serving Size: 3 Tablets

Ingredients:	Amount	%DV*
Calcium	1,011 mg	78%
[as Microcrystalline Hydroxyapatite Calcium (MCH-Cal™) and Dicalcium Phosphate]		
Phosphorus	525 mg	42%
[as Microcrystalline Hydroxyapatite Calcium (MCH-Cal™) and Dicalcium Phosphate]		
MCH-Cal™	3.15 g	**
(Microcrystalline Hydroxyapatite Calcium)		

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, vegetable stearic acid, and silica.

MCH-Cal™ is a registered trademark of Pharmazen Limited, LLC.

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, taking antibiotics or cardiovascular medication, or other medications, consult your healthcare practitioner before use. Keep out of reach of children.

References:

1. Kumssa, D. B., Joy, E. J., Ander, E. L., Watts, M. J., Young, S. D., Walker, S., & Broadley, M. R. (2015). Dietary calcium and zinc deficiency risks are decreasing but remain prevalent. *Scientific reports*, 5, 10974.
2. Bristow, S. M., Gamble, G. D., Stewart, A., Horne, L., House, M. E., Aati, O., ... & Reid, I. R. (2014). Acute and 3-month effects of microcrystalline hydroxyapatite, calcium citrate and calcium carbonate on serum calcium and markers of bone turnover: a randomised controlled trial in postmenopausal women. *British Journal of Nutrition*, 112(10), 1611-1620.
3. Tai, V., Leung, W., Grey, A., Reid, I. R., & Bolland, M. J. (2015). Calcium intake and bone mineral density: systematic review and meta-analysis. *Bmj*, 351, h4183.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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